

Ashleigh Nursery School

January menu

Week 1 – 04/01/16

Monday – Sardine pasta bake
Semolina

Tuesday – Beef & bean crumble
Ice-cream roll

Wednesday – Fish pie with sweet potato
Cake & custard

Thursday – Minestrone soup & crusty
bread
Raspberry buns

Friday – Chicken curry & rice
Yoghurts & fruit

Week 2 – 11/01/16

Monday – Chilli-con-carne & rice
Ice-cream & wafers

Tuesday – Pilchard bolognese
Chocolate chip cookies

Wednesday – Chicken & chorizo stew
Rice pudding

Thursday – Sausage, mash & beans
Yoghurts & fruit

Friday – Tomato & mascarpone pasta
Funfetti cakes

Week 3 – 18/01/16

Monday – Chicken casserole
Rice pudding

Tuesday – Vegetable & chick pea curry &
rice
Frozen yoghurt

Wednesday – Spaghetti bolognese
Date fingers

Thursday – Hotpot
Jelly & ice-cream

Friday – Fish fingers, new potatoes &
fresh vegetables
Chocolate muffins

Week 4 – 25/01/16

Monday – Vegetable lasagne
Yoghurts & fruit

Tuesday – Creamy chicken & rice
Strawberry muffins

Wednesday – Sausage plait, potatoes &
beans
Cake & custard

Thursday – Sardine pasta bake
Semolina

Friday – Cottage pie
Ice-cream & wafers

Snack times – All children are offered a variety of fresh fruit in the morning, and a mid afternoon snack consisting of dips, hummus, crudités, breadsticks, oatcakes, rice crackers, cheese, fruit/veg, crackers with cream cheese, malt loaf, crumpets or fruit loaf.
Milk and water are offered throughout the day.